



What do you see in this picture?

What do you think is going on in this picture?

What do you see that makes you say that?



What do you see in this picture?

What do you think is going on in this picture?

What do you see that makes you say that?



What do you see in this picture?

What do you think is going on in this picture?

What do you see that makes you say that?

Rafaela's Test • Important Words



WORDS

1. **High School Equivalency (HSE)**

2. **panic attack**

3. **NYC Well**

4. **manage and reduce stress**

5. **anxiety and depression**

SENTENCES

I went back to school for my **HSE**.

I helped someone who was having a **panic attack** to calm down.

When my friend was depressed, he called **NYC Well**.

It's important to learn how to **manage and reduce stress**?

NYC Well can help people with **anxiety and depression**.

QUESTIONS

Where can you find a free **HSE** program?

How did you know the person was having a **panic attack** and what did you do?

Can someone suffering from addiction call **NYC Well**?

What are some good techniques to **manage and reduce stress**?

What is the difference between **anxiety and depression**?