

Before You Watch **Discussion Questions**

1. What do you know about diabetes?
2. What questions do you have about diabetes? With a partner, say or write a couple of questions, and then share them with the group.
3. Let's talk for a moment about going to the doctor. How many of you go for regular check-ups?
4. What does a doctor do in a check-up?
5. What can you say when you can't understand the doctor?
6. What can you do if you don't have health insurance?
7. Let's change the topic and talk about dreams (hopes, big things you want to do) for a moment. In *New Life Café*, the main character's dream is to open a café. What are your dreams?
8. Is it easy to make your dream come true? What do you do when things get difficult? Are you the kind of person who says, "***I can't do it!***" Or do you say, "***I can do it!***"?

Let's watch *New Life Café* and find out what the title means, and what is it all about.

After You Watch

Discussion Questions

Health care may be a sensitive topic. Talk about what the characters do to manage their health care. Ask what the characters learn from their experiences. Let people know that they do not need to share any personal information that they do not want to share.

Check-ups

Rosa goes to a doctor for a check-up and finds out that she has a serious health condition.

- What do you think about getting regular check-ups? Why should everyone get them? What do you need to do in order to get a check-up?

Coming to Terms with Health Conditions

Rosa finds out that she has to make changes in her lifestyle in order to manage her health. At first, she resists making changes.

- Why do you think she resists? How does she overcome her resistance? Who helps her? How do they help? What do you learn from Rosa's experience?

Your Right to Health Care

The receptionist tells Rosa that she doesn't need a social security card to see a doctor. There is another person in the waiting room who tells her that he doesn't have immigration papers. The receptionist tells him that he doesn't need papers, and can get an interpreter for free.

- What fears do some people have about getting health care? Do all immigrants in New York City have the right to health care? Where can you learn more about your rights to health care in New York City and services available to you?

Affordable Health Care

Rosa doesn't have health insurance. She asks the receptionist if there is a program to help her pay.

- How can you get free or low-cost health insurance in New York?

Taking Charge When You Don't Understand

The first time Rosa sees the doctor, she has difficulty understanding him. The second time, she takes charge by asking the doctor to speak slowly.

- What do you think about Rosa's action? What does she tell the doctor? What can you do to make sure you understand someone?

Taking Notes

Eddie takes notes when the doctor is explaining to Rosa how to manage her diabetes.

- What are the benefits of taking notes in a conversation? What are the difficulties in taking notes? What can you do to take good notes?