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# My Name is Anya



Short story based on “No Smoking”

We Speak NYC • Season 1

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## SEASON 1

### Short Stories

### Corresponding Episodes

*My Name Is Anya*

No Smoking

*My Name Is Fatima*

Welcome Parents

*My Name Is Lupe*

Stay in School

*My Name Is Sue*

Love and Money

*My Name Is Eddie*

New Life Café

*My Name Is María*

Asthma: The Soap Opera

*My Name Is Lucía*

The Wedding

*My Name Is Yumi*

Respond to Domestic Violence

*My Name Is Daniel*

The Hospital

*My Name Is Aku*

The Storm

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## SEASON 2

### Short Stories

### Corresponding Episodes

*My Name Is Umme*

Shumi's Pantry

*My Name Is Gabriela*

The Seed for a Good Life

*My Name Is Silvia*

Rolando's Rights

*My Name Is Irina*

Making New Friends

*My Name Is Giddel*

Sonam's Mom

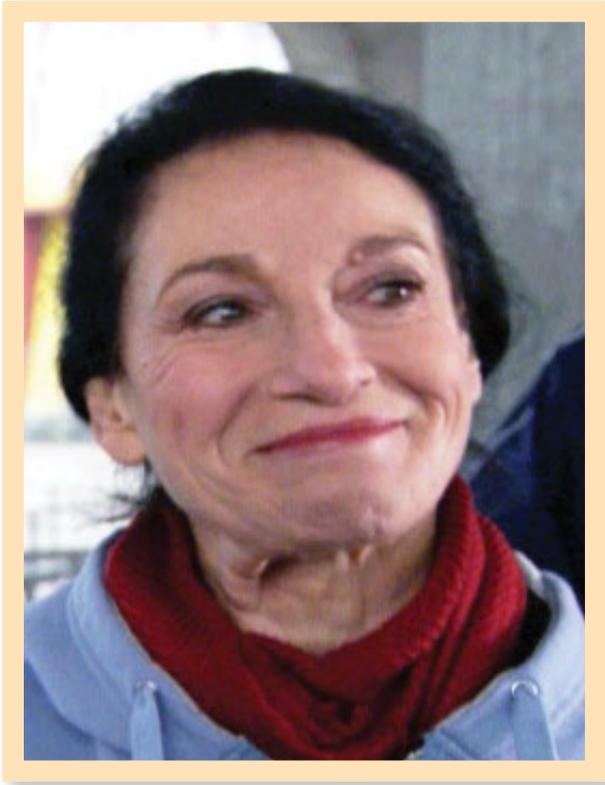
*My Name Is Martin*

Crossing the Street

*My Name Is Alicia*

Rafaela's Test

# **My Name is Anya**



**My name is Anya.**

**I am from Russia.**

**I live in Brooklyn.**

**I live in Brooklyn with my husband, Sasha.**



**This is my husband, Sasha.  
In his free time, he likes to go swimming.  
He likes to swim in the winter!  
This is a tradition in our country.**



**I am proud of Sasha.  
Sasha is a member of  
the Coney Island Winter Swim Club.  
Sasha is the champion swimmer.**





**Today is the first day of winter.**

**And, it is the first day of swimming.**

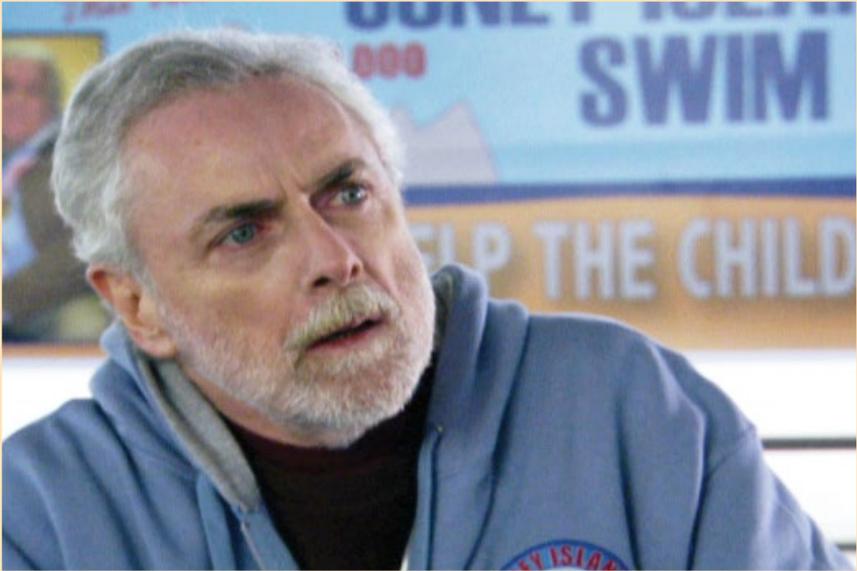
**Our friend, Rishi, comes to see Sasha swim.**

**“It’s freezing!” he says.**

**“In my country, we swim in the summer.”**



**Sasha is a smoker.  
Suddenly, Sasha starts to cough.  
He can't stop coughing.  
We are worried about Sasha.**



**The swim coach tells Sasha,  
“You can’t swim today.  
You need to see a doctor.  
You can’t swim if you are not healthy.”**



**Sasha is not happy.  
He doesn't want to see a doctor.  
He wants to swim.  
He wants to help the children!**



**The next day, I go with Sasha to see the doctor.**

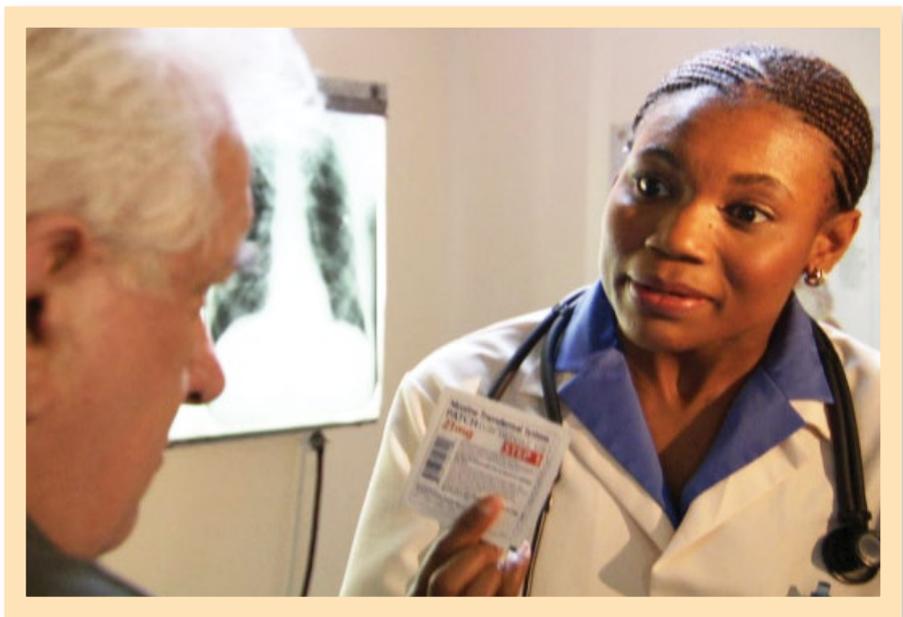
**The doctor speaks very fast.**

**I ask the doctor,**

**“Could you please speak more slowly?”**



**The doctor tells Sasha,  
“Your cough is serious.  
I am concerned.  
You must stop smoking.  
I will give you some things to help.”**



**The doctor gives Sasha the nicotine patch.**

**She says,**

**“You can get the nicotine patch for free.**

**Call 311.”**

**She also gives Sasha some nicotine gum.**



**Sasha is not happy.  
He doesn't want to quit smoking.  
But, he wants to swim.  
So, Sasha tries to quit.**



**At first, Sasha is in a bad mood.  
He doesn't like the nicotine gum.  
He wants a cigarette.**



**Rishi talks to Sasha.**

**He finds some information on how to quit  
from the Internet.**

**He shows the information to Sasha:**

**“To quit smoking, you need a friend to help you.”**



**Rishi tries to help Sasha.**

**They go for a walk together.**

**Sasha asks a neighbor for a cigarette.**

**Rishi says, “No!”**



**One day, Rishi tells Sasha about his father.**

**Rishi's father died of lung cancer.**

**Now, Sasha understands why Rishi is worried.**



**Rishi's story makes Sasha sad.**

**Sasha is worried, too.**

**He knows smoking causes lung cancer.**



**That night, Sasha has a bad dream.**

**He can't sleep.**

**He calls 311 for help.**

**He decides to quit.**



**Sasha starts to exercise more.**

**Now, his walks with Rishi are faster and longer.**

**He is not in a bad mood anymore.**

**Exercise puts him in a good mood.**



**I am happy, too.**

**Now, Sasha can taste my cooking.**

**He doesn't smoke after dinner anymore.**

**He doesn't have a serious cough.**

**And, his kisses taste better, too!**



**One day, Sasha surprises me.**

**He has extra money.**

**Three hundred dollars!**

**Sasha doesn't buy cigarettes anymore.**

**He saves \$300 in one month.**

**He wants to give the money  
to the children in the hospital.**



**Now, my husband is a real champion.  
He is a “No Smoking” champion.  
I make a special medal for him  
because I am very proud.**



**This year, we have a lot to celebrate.**

**We are healthy.**

**We are happy.**

**We have each other.**

**Now, we can help the children  
in the hospital!**

## Words used in this story

- ask
- be
- buy
- call
- cause
- celebrate
- champion
- children
- cigarette
- club
- coach
- come
- cough
- country
- day
- decide
- die
- doctor
- dream
- exercise
- father
- find
- free time
- friend
- get
- give
- go, go swimming
- have
- help
- hospital
- husband
- information
- Internet
- kiss
- know
- like
- live
- lung cancer
- make
- medal
- member
- money
- month
- mood
- name
- need
- neighbor
- nicotine gum
- nicotine patch
- put
- quit
- save
- say
- see
- show
- sleep
- smoke
- smoker
- speak
- start
- stop
- summer
- surprise
- swim
- swimmer
- talk
- taste
- tell
- today
- tradition
- try
- understand
- walks
- want
- winter
- year



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